

Nail Lounge Treatments

Nail treatments include our organic Pure Fiji Products. An exotic blend of Nut Oils, Raw Cane Sugar and Flower Extracts soften, moisturize, protect and heal the skin. Our stainless steel pedicure sinks do not have jets as we provide the most hygienic pedicures possible!

Paradise Manicure 60 min \$50

Luxury Manicure! Our special blend of Essential Oils and Pineapple Sugar Scrub lightly exfoliates and moisturizes your hands. Nail shaping, cuticle care, buff, and polish followed by a Hot Paraffin hand treatment.

Hot In Your Havaianas Pedicure \$75

If you're in paradise...Flip Flops are part of life! Our Pineapple Sugar Scrub will soothe and soften your feet. Hot Paraffin foot treatment and moisturizing leg massage will make your tired feet glow again! Indulge!

L. Spa Manicure 45 min \$30

L. Spa Pedicure 50 min \$55

Express Pedi 30 min \$35

In a hurry? We can get you in and out in a half hour! File, Buff, Cuticle Work & Polish. (No foot file, massage or mask)

Shellac Manicure \$45

Acrylic Full Set (Tips) \$65

Acrylic Overlay (Over Natural Nails) \$55

Fill \$45

Pink and White Fill \$55

Gel Full Set \$65

Fill \$45

Permanent French add \$10

Paraffin Treatment \$20

Hands or Feet

Add on Shellac Color \$20

Polish Change \$17

French Polish add \$10

L. Kids Mani/Pedi \$20/Pedi \$30

Nail Art \$5 and up



Spa Package Ideas

Spa Packages and Gift Cards can be created for any amount and any combination of services! The packages below are suggested services, but gift cards can be used on any products or services. *L. Boutique Gift Cards can be added or deleted from any L. Spa Package!

The Gift of Liquid "Lift" \$3600

Two syringes of Voluma, two syringes of Juvederm & 44 units of Botox. Spa Lunch. Because you deserve it!

The "Bombshell" Full Day Spa & Shopping Experience \$1000

First class...livin' the life! We want you to look and feel Glamorous! Start off your day with a fresh Mimosa! Enjoy your choice of one of our premium facials: Anti-aging, Deep Pore Cleansing or Hydration. Coconut Milk & Honey Ritual, Hot in your Havaianas Pedicure, Paradise Manicure, Brow Tint & 30 minute Makeup Lesson. Spa lunch & Personal wardrobe consultaion. *\$500 L. Boutique Gift Card!

The Glam Squad 6 Hours \$500

Red Carpet Ready...Hydration Facial, Citrus Scrub & Massage, Hot in Havaianas Pedicure, L. Spa Manicure, Spa lunch & Special Occasion Makeup.

Charmed Life 4 Hours \$300

Some girls have all the luck... Sugar Glow Body Treatment, L. Signature Facial, Hot in Havaianas Pedicure.

Modern Mom 3 Hours \$260

Because she does it all...L. Signature Facial, 80 minute Massage, L. Spa Manicure.

Project Runway 2.5 Hours \$175

L. Signature Massage, L. Spa Manicure, L.Spa Pedicure.

Man of the Hour \$285

L. Men's Signature Facial, Dig in Deep Massage, Mr. Manicure & Pedicure.

Retail Therapy (L. Boutique Gift Card)

Wardrobe Consultation, Glass of Champagne & L. Boutique Shopping Spree in any amount! Retail Therapy can be added to all Spa Packages.

It's a Pedi-Party 2 hour room charge \$125

You and your BFF's enjoy exclusive rights to our cozy Nail Lounge! Includes a bottle of Champagne for an Instant Party! Celebrate Birthdays, Showers, Weddings, Girls Night or Team Building! Minimum of five guests. \$65/per guest minimum. 20% gratuity added to bill.



Just a few details...

Gift Cards

The Perfect Gift! Available in any amount, can be used for any products or services, and they never expire! Gift cards can be purchased from our website anytime! Visit www.LSpaSarasota.com

Reservations

A credit card or gift card number is required to reserve all spa appointments. Please arrive 15 minutes before your appointment time for a stress free check in.

Late Arrivals

A late arrival will deprive you of your precious treatment time. Your treatment must end at its scheduled time. If you are late, we will do our best to complete as much of your treatment as possible.

Cancellations

Your scheduled appointment is reserved exclusively for you. Should you need to cancel or reschedule, please notify us 24 hours in advance. Any appointment cancelled with less than 24 hours notice will be **automatically charged 100% of the service price.**

Gratuities

Gratuities are always appreciated. We do not include gratuity with any service or package.

This is your "Me Time"

Please turn off cell phones. Inform our staff if you have any special needs or concerns, we want you to leave relaxed and happy!

Our Team

Medical Director John Fezza, M. D., Cosmetic Facial and Laser Surgery Specialist. Our medically trained estheticians will consult with you and customize a treatment specific to your needs. We are honored to say we were voted "Best Spa" and "Best Skin Care" by Sarasota Magazine.

**All prices are subject to change without notice.

All times states are approximate.

Massage License Mm #24814

L.

spa



941.906.1358

LSpaSarasota.com

Monday-Saturday
9am-6pm

556 S. Pineapple Avenue
Sarasota, FL 34236

~ ONLINE BOOKING AVAILABLE ~

Advanced Medical Skin Care

Botox \$13/unit

Reduces wrinkles and expression lines between eyebrows and across forehead creating smoother skin and a younger revitalized appearance. Dramatic results while maintaining a natural look. Proven to last up to 4 months.

Juvederm \$610/syringe

FDA approved filler used to instantly plump and smooth away wrinkles, reduce folds, and plump lips and deeper lines. Proven to last up to a year.

Voluma XC \$895/syringe

The first and only injectable filler that is FDA-approved to instantly add volume to the cheek area. Gives a subtle lift, helping to restore contour and a more youthful profile for up to 2 years.

TCA Peel (15%-25%) \$175-\$650

Needs 5-7 days of down-time/recovery. No sun. Treats advanced sun damage, age spots and splotchy pigmentation. All skin types.

OBAGI Blue Radiance Peel

45 min \$150
Series of 3 Peels \$425

No down-time. Instant results! Improve your skin's look, texture, and feel in minutes. Tighter, smoother, brighter-looking skin! Series of 6 peels recommended.

Enzyme Platinum Peel with Dermaplaning

Face, Neck & Chest 75min \$185
Face & Neck 60min Peel Only \$145
Face & Neck or Back 45min \$135

Anti-aging skin treatment. Enzymes combined with Alpha & Beta Hydroxy Acids remove layers of dead skin cells. Reduce fine lines, improve tone & texture.

Dermaplaning

30 min \$100
With Mini-Facial 45 min \$135

Painless physical exfoliation of the top layer of skin. Instantly removes dead skin cells and leaves your skin feeling softer with a radiant glow. NO downtime and make up can be applied immediately.

Medical Microdermabrasion

45 min \$150
*Add-on Microdermabrasion 30 min \$85

Medium depth exfoliation treatment. This painless and non-invasive procedure focuses on resurfacing the skin. Refine the texture of your skin while reducing fine lines, acne scars and sun-damage.

Non-Surgical Solutions For Facial Toning, & Skin Rejuvenation

LED Light Therapy
Microcurrent & Skin Resurfacing
Remodeling
Hydratone
Face Contouring Machine
Priced upon consultation \$50-595

Skin Care

Achieving results means more than restoring youthful, radiant skin—it means Skin Health! Taking care of your skin is no longer a luxury, it is a necessity.

L. Signature Relaxation Facial

60 min \$100

The "little black dress" of facials—simple, classic, timeless! From here we will build your "skincare wardrobe." A refreshing facial suited for all skin types. Includes deep pore cleansing, exfoliation, extractions, masque, & moisture treatment.

The Anti Aging Facial

60 min \$135

Anti-oxidant rich masque improves firmness. Vitamins A, C and E help reverse the signs of aging. Hydrate, moisturize & protect for glowing skin!

Deep Pore Cleansing Facial

60 min \$135

Clinical corrective treatment for congested pores and acne. Deep cleansing, lymphatic massage to detoxify cells, exfoliation, extractions & masque.

Hydration Facial

60 min \$135

Bring harmony to stressed & dehydrated skin. Drench your dry skin with B-5 Gel Mask & Serums.

Ultimate Vitamin C Facial & Peel \$150

Organic Peel Only \$95

Brighten, lighten & improve pigmentation & dark spots. Hydrate and strengthen your skin. Ideal for sun damaged skin, organic and gentle enough for pregnant & lactating women.

The Oxygen Facial

75 min \$160

Unparalleled hydration and that signature glow! The skin is drenched in a hyaluronic serum and vitamins. Watch dryness and fine line disappear, and discover a softer, supple complexion.

Men's Facial

60 min \$100

Focusing on skin problems unique to men.

Teen Facial

60 min \$85

Expert advice and a skin care regimen for your teen.

Micro Makeup

Semi-Permanent Makeup, or micropigmentation, allows you to wake up beautiful! Lasts up to 3 years. Complimentary consultations available.

Eyebrows \$500 & up
Eyeliner \$500
Eyeliner (Top & Bottom) \$900
Touch-ups within 1st year \$185

Full Lips \$800 & up
Touch-ups within 1st year \$250

Lash Extensions

Full Set \$250
Fill within 3 weeks \$85
Removal \$40

Makeup

Eye Lash Tint \$25
Brow Tint \$20
Facial Prep for Makeup Application \$50
30 Minute Makeup Lesson \$50
Airbrush Makeup Special Occasion \$125
Makeup Special Occasion \$100
Makeup Simply Done \$85

Weddings, social events, photo shoots, or anytime you want to look "Red Carpet" ready!
50% extra will be added to services performed at your desired location outside of the spa.

Wax on Wax off!

Eyebrows \$22
Lip \$12
Chin \$15
Nose \$17
Full Face \$50
Full Leg \$85
Upper or Lower Leg \$45
Full Arm \$45
Upper or Lower Arm \$25
Under Arm Wax \$25
Bikini \$40
Brazilian \$60
Eyebrow Shaping (no wax) \$30
Other prices upon request.

Get your Boost!

B-12 Injection \$30
Boosts energy, mood and increases metabolism. These results can enhance weight loss.

Lipotropic Injection \$30
Speeds up the removal of fat within the liver. An excellent boost to weight-loss programs!

B-12 Lipotropic Combo Cocktail \$60
The perfect combination to increase energy, remove fats and toxins and stimulate weight loss!

Massage

L. Signature Massage

50 min \$90
80 min \$130

Relax the mind and renew the body! A unique blend of Exotic Nut Extracts and Botanical Oils rapidly hydrate skin as your tension melts away under the hands of our expert massage therapists.

Dig in Deep!

50 min \$100
80 min \$145

Deep Tissue Massage. Melt away tight areas to increase flexibility and reduce fatigue. Release tension and stress on sore muscles. Let your therapist know how deep you want to go...a little or a lot... it's up to you!

One Hot Momma!

50 min \$95
80 min \$135

For the Mom or Mom-To-Be—because you deserve it! Enjoy your "Me Time" and let us pamper you! Offered second & third trimester.

Blissful Stone Massage

80 min \$150

Calm and rebalance the body and mind with Exotic Oils infused with your choice of mandarin, lavender, patchouli and geranium essential oils. Warmed stones are used to massage and soothe tired muscles. Deep relaxation. Such a special treat!

ADD ONS...

Reflexology 80 min \$55
Concentrates on hands or feet.

Fijian Scalp Massage 80 min \$55
Relax as warmed Exotic Oils nourish the scalp & hair.

Body Treatments

Coconut Milk & Honey Ritual
80 min \$160

The Royal Treatment. Indulge all of your senses with this ultimate relaxing Island Ritual. Organic Cane Sugar, Fijian Honey, Coconut Milk, and Exotic Nut Oils nourish and hydrate to leave your skin luxuriously soft and smooth! Body Mask, Scrub & Polish all in one amazing service. Treat yourself from head to toe.

Sugar Glow

50 min \$125
This two-in-one treatment gently buffs away dull skin cells and unclogs pores while a nourishing blend of exotic oils restores your skin to a fresh healthy glow.

Citrus Salt Scrub & Massage
80 min \$150

Your choice of Botanical essential oils. A full body Organic Salt Exfoliation followed by a relaxing 50 minute full body massage. Your choice of Clementine Citrus, White Floral or Simple & Clean.